Methylene Blue (MB) PROTOCOL For Cancer Treatment

Where to buy high quality Methylene Blue?

You can purchase Methylene Blue on **www.cztl.bz**. Their products are tested for heavy metals and they ship the products with the certificate of analysis.

Should I purchase CZTL Powder or liquid Methylene Blue?

CZTL Methylene Blue powder works out to be cheaper than liquids due to a variety of reasons including shipping, packaging and handling. So if you are ready to prepare the concentration yourself, powder will work out to be better. Also, powder can be stored for 3 years and since they ship in multiples of 1 gram, it does make handling very easy as you only need to mix what you plan to use. 1 gram, which costs \$30 plus \$15 shipping, is going to last about a week if you are taking 50mg three times a day. Thus, you may want to purchase 5 grams which costs \$70 plus \$15 shipping.

If you need the convenience of a readymade solution, then purchasing the liquids is better.

DOSING INSTRUCTIONS

- 1. Since at this point you have already been on chlorine dioxide for several weeks, Hersheimer reactions from methylene blue should not be expected. Thus, we propose you start with the 1% solution as follows:
- 1. Mix 1 gm of Methylene Blue with 100ml of water to make a 1.0% solution Consider buying a baby bottle which is scored, put in 100ml of water, and then add the 1 gram of MB and place in the refrigerator. When you take it, use the plastic pipette and withdraw 0.5ml (5mg), working your way up to 5ml (50mg) three times a day. Increase by 1ml every few days to get to target dose.

RAMILITAM			Amount of mg MB in 0.5ml of prepared solution
1.0% (weight/volume)	100ml (3.4 fluid oz)	0.5 mg/drop	5 mg / 0.5 ml

2. If you feel jittery or head pressure, lower the dose

- 3. Taking MB will cause your urine to be blue or blue green. This is normal and is expected.
- 4. Take MB six days in a row. Take the seventh day off every week to allow the body to reset.
- 5. Everyone is different. You need to find the right dose that fits you.

Additional notes on LDMB usage

- 1. Do not take MB if pregnant or breast-feeding.
- 2. Antidepressants(SSRIs) such as Paxil, Prozac, or Zoloft are safe to take if taking under 200mg of MB daily per Mayo Clinic studies.
- 3. MB will not make you turn blue, but it can turn urine blue or bluish-green, and can temporarily turn your teeth and tongue blue. Drinking MB with a straw in the back of your throat will prevent or alleviate this. Cucumber Lemon wipes from Trader Joe's help remove stains from mouth and teeth, as well as a thorough rinsing of the mouth with water.
- 4. The bright blue color of MB temporarily stains **everything**, so take care and avoid applying it near precious fabrics. SOS pads can help remove any stains on kitchen counters.
- 5. Methylene Blue is a stable compound with a long shelf life. It should however, be stored in a dark, dry and a cool place. Ideal setting would be store it in a dark place around 15-20 degrees Celsius. In powder form, it can easily be stored up to 3 years.